

# Industry Insights:

## How our clients in the hospital industry reduced OSHA recordable rates up to 65%

Keeping healthcare providers injury-free and on the job is critical to hospital operations. Premise Health reduced Occupational Safety and Health Administration (OSHA) recordable injuries within our book of business for clients in the hospital industry by delivering prevention-focused occupational healthcare and developing a deep understanding of hospital worker risks and challenges.

### The Challenge

Reducing OSHA recordables and providing occupational healthcare for medical professionals comes with a unique set of challenges. Hospital employees face high rates of bloodborne pathogen exposures, musculoskeletal injuries from lifting patients without proper ergonomics, and issues like sleep disorders and caretaker fatigue due to their demanding schedules. We know from our experience treating healthcare workers that it can be challenging, and medical providers that aren't taking care of themselves can't take care of their patients properly.

According to the National Safety Council, **the cost per medically consulted injury in 2020 was \$44,000<sup>1</sup>**, so an injury rate that's over 65% lower than the industry standard means big time savings for employers.

### The Solution

At Premise, our 50+ years of experience in healthcare and the occupational health space has helped us develop a deep understanding of hospital employees and the risks that come with their roles. Solutions that prevent injuries, like ergonomic assessments, are key to addressing musculoskeletal discomfort in this population before they become an OSHA recordable injury.

Our Total Worker Health® approach to occupational health allows our providers to dig deeper with employees and get to the root of a workplace injury – whether that's caretaker fatigue, burnout, weight, or sleep issues. By addressing the whole person with occupational healthcare, our providers prevent injuries before they become costly OSHA recordables.

# The Outcome

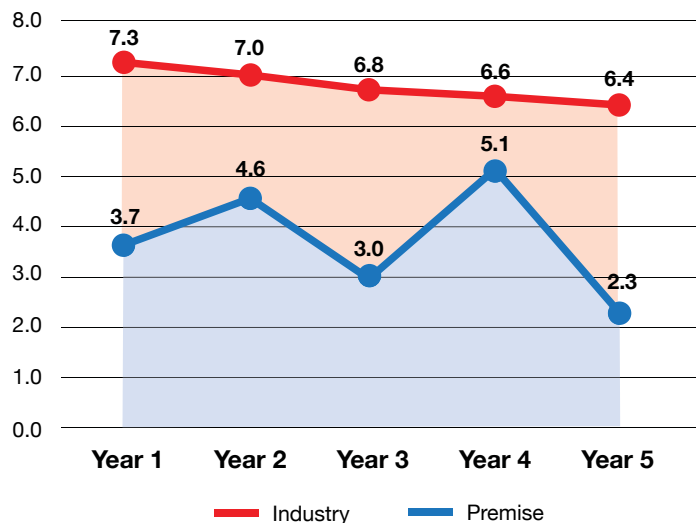
A study of Premise Health clients in the hospital industry found that those who partnered with Premise had recordable rates that were up to **65% lower** than industry benchmarks within the first five years.<sup>2</sup>

These results illustrate how a preventive, Total Worker Health® approach to occupational health can impact OSHA recordable injuries in a hospital setting.

## Study Methodology

*This study leveraged the Bureau of Labor Statistics Quartile Datasets of total OSHA recordable cases by industry<sup>2</sup> to create industry standard benchmarks of OSHA recordable rates per 100 employees. Employers were analyzed through their first five years of operation with Premise, with go-live dates ranging from 1999-2016.*

## Hospitals OSHA Recordable Rates per 100 Employees



<sup>1</sup>National Safety Council <https://injuryfacts.nsc.org/work/costs/work-injury-costs/>  
<sup>2</sup>Industry Benchmark Source: Bureau of Labor Statistics <https://www.bls.gov/iif/oshsum.htm>



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